

Exposition of the Blessed Sacrament

O Salutaris Hostia

O salutaris hostia	Uni trinoque Domino
Quae caeli pandis ostium	Sit sempiterna gloria,
Bella premunt hostilia,	Qui vitam sine termino
Da robur, fer auxilium.	Nobis donet in patria. Amen.

Novena for The Seven Gifts of The Holy Ghost

O Lord Jesus Christ • Who, before ascending into heaven, • did promise to send the Holy Ghost • to finish Your work • in the souls of Your Apostles and Disciples • deign to grant the same Holy Spirit to me • that He may perfect in my soul • the work of Your grace and Your love. • Grant me the Spirit of Wisdom • that I may despise the perishable things of this world • and aspire only after the things • that are eternal, • the Spirit of Understanding • to enlighten my mind • with the light of Your divine truth, • the Spirit of Counsel • that I may ever choose • the surest way of pleasing God • and gaining heaven, • the Spirit of Fortitude • that I may bear my cross with You • and that I may overcome with courage • all the obstacles that oppose my salvation, • the Spirit of Knowledge • that I may know God and know myself • and grow perfect in the science of the Saints, • the Spirit of Piety • that I may find the service of God sweet and amiable, • the spirit of Fear • that I may be filled with a loving reverence towards God and may dread in any way to displease Him. • Mark me, dear Lord • with the sign of Your true disciples • and animate me in all things with Your Spirit. Amen.

Act of Consecration to the Holy Spirit

On my knees before the great multitude of heavenly witnesses, I offer myself soul and body to Thee, Eternal Spirit of God. I adore the brightness of Thy purity, the unerring keenness of Thy justice, and the might of Thy love. Thou art the Strength and Light of my soul. In Thee I live and move and am. I desire never to grieve Thee by unfaithfulness to grace, and I pray with all my heart to be kept from the smallest sin against Thee. Mercifully guard my every thought and grant that I may always watch for Thy light and listen to Thy voice and follow Thy gracious inspirations. I cling to Thee and give myself to Thee and ask Thee by Thy compassion to watch over me in my weakness. Holding the pierced Feet of Jesus and looking at His Five Wounds and trusting in His Precious Blood and adoring His opened Side and stricken Heart, I implore Thee Adorable Spirit, helper of my infirmity, so to keep me in Thy grace that I may never sin against Thee. Give me grace O Holy Ghost, Spirit of the Father and the Son, to say to Thee always and everywhere, "Speak Lord, for Thy servant heareth."

Amen.

Benediction of the Most Blessed Sacrament

Tantum Ergo

Tantum ergo Sacramentum	Genitori Genitoque
Veneremur cernui.	Laus et jubilatio,
Et antiquum documentum	Salus, honor, virtus quoque
Novo cedat ritui;	Sit et benedictio:

Praestat fides supplementum Procedenti ab utroque
Sunsum defectui. Compar sit ladatio. Amen.

Ÿ. Panem de caelo praestitisti eis.

Ř. Omne delectamentum in sehabentem

Oremus.

Deus, qui nobis sub sacramento mirabili, passionis tuae memoriam reliquisti: tribue, quaesumus, ita nos Corporis et sanguinis tui sacra mysteria venerari, ut redemptionis tuae fructum in nobis iugiter sentiamus: Qui vivis et regnas in saecula saeculorum.

Ř. Amen

- The Divine Praises
- Blessed be God.
- Blessed be His Holy Name.
- Blessed be Jesus Christ, true God, and true Man.
- Blessed be the Name of Jesus.
- Blessed be His Most Sacred Heart.
- Blessed be His Most Precious Blood.
- Blessed be Jesus in the Most Holy Sacrament of the Altar.
- Blessed be the Holy Spirit, the Paraclete.
- Blessed be the great Mother of God, Mary most holy.
- Blessed be her holy and immaculate Conception.
- Blessed be her glorious Assumption.
- Blessed be the name of Mary, Virgin and Mother.
- Blessed be St. Joseph, her most chaste spouse.
- Blessed be God in His angels and in His saints.

May the Heart of Jesus in the Most Blessed Sacrament be praised, adored and loved, with grateful affection, at every moment, in all the tabernacles of the world, even until the end of time.

Holy God

Holy God, we praise thy Name;
Lord of all, we bow before thee!
All on earth thy scepter claim,
All in heav'n above adore thee;
Infiinte thy vast domain,
everlasting is they reign.

Hark! The loud celestial hymn
Angel choirs above are rising,
cherubim and seraphim,
in unceasing chorus praising;
Fill the heav'ns with sweet accord:
Holy, holy, holy, Lord.